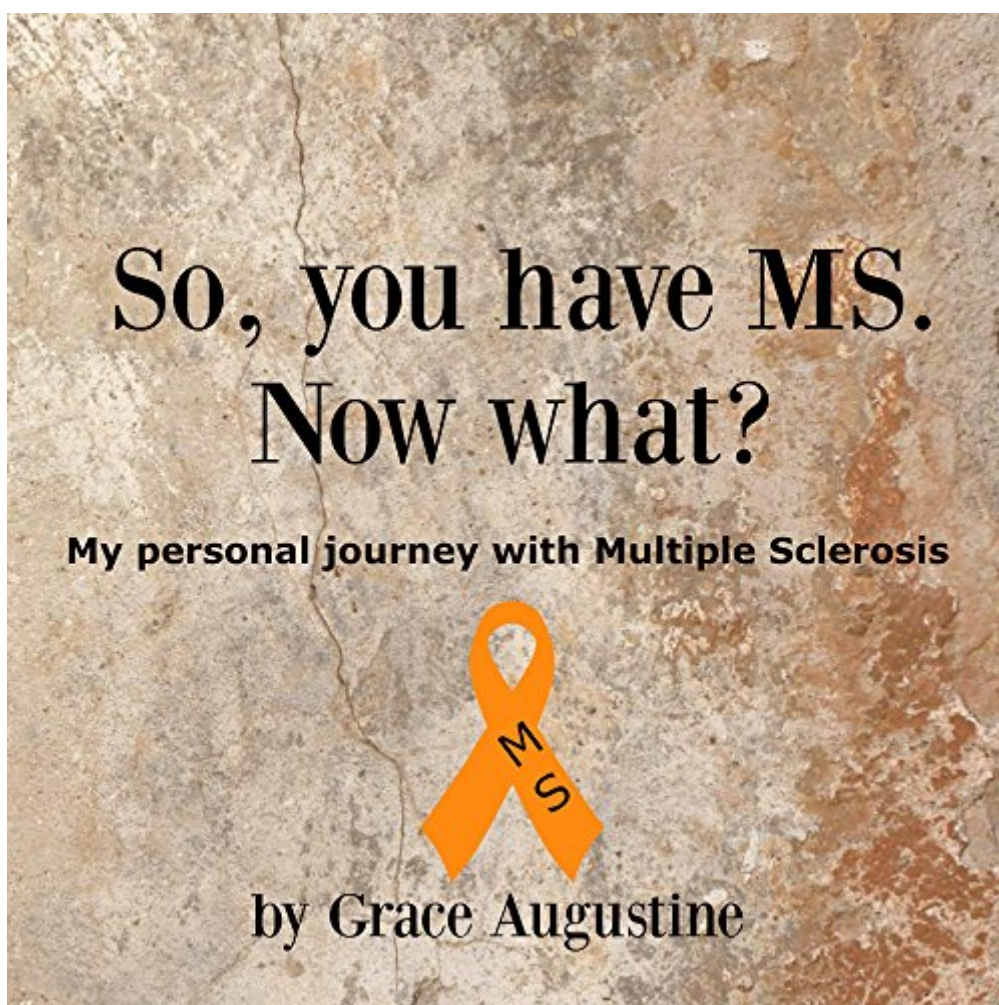


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# So, You Have MS. Now What?: My Personal Journey With Multiple Sclerosis



## Synopsis

Ever wonder what having an autoimmune disease is like? In this little book, the author explores the world of Multiple Sclerosis. It is a concise clinical explanation of the disease as well as the author's own personal journey.

## Book Information

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in Amazon Kindle Store > Kindle eBooks > Nonfiction > Self-Help > Motivational

## Customer Reviews

When someone tells me that they have an illness, I am always empathetic, even though occasionally I don't understand it. I now understand what Multiple Sclerosis (MS) is as it is explained in terms that is easy to understand within this book. I love that Ms. Augustine has shared her own personal journey with her daily struggle but has continued to persevere and not give up like a lot of individuals would probably do, including myself. This book should be in every doctor's office as a go-to guide if a patient is ever diagnosed with having MS and should also be in every neurosurgeon's waiting room. Very awesome informative book!

Having been very recently diagnosed with having MS, a few months ago. Been searching and researching as much as possible when I am able to. This book is very well written and can be suggested to family and friends who are my support team. Enough detail to absorb without being dry and dull. Thoroughly enjoyed it.

I found Ms. Augustine's book very enlightening. While I had a basic understanding of MS, I was unaware of the depths to which this disease impacts a person's life. Pick up a copy of, "So, you have MS, Now What?" and gain a better understanding of this debilitating illness. Learn how an individual's entire life--each and every day is reshaped by this infliction.

Ms Augustine addresses the issue of MS in a no nonsense approach. This should be ordered en masse for every doctor to give to his patients who are diagnosed with MS, and their families to understand.

Not bad Pretty good thanks I learn a lot of things I didn't know about it so I will put it

Grace Augustine does a wonderful job of sharing her experiences with MS in a clear and heart-felt manner. I admire her strength and courage.

I am still in shock phase of having MS, and am desperate for good info. This is a great starter.

This is a short book but in excellent read . I read many books when newly dating news and now almost 5 years in I found this very good as a reminder it is very comprehensive and definitely everything that I have found helpful myself to have the best quality of life ! It really is everything that I found useful and helpful and not all the things that were a waste of time and money .

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